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“Canadian Canola Oil Seminar and Cooking Demonstration”

The Consulate General of Canada and the Government of the Province of Alberta, Canada, Hong Kong Office cordially invite you to attend the “Canadian Canola Oil Seminar and Cooking Demonstration”.

Speakers from the Canola Council of Canada, and the Ministry of Alberta Agriculture and Food will introduce Canadian Canola Oil, its nutritional benefits and culinary benefits to chefs, importers, distributors, retailers, and health professionals. A cooking demonstration using Canola Oil will be performed by professional chef during the Seminar.

Time: 2:30 – 4:30 pm

Date: Wednesday, March 26, 2008

Venue: Gloucester Room I, 3/F, The Excelsior, 281 Gloucester Road, Causeway Bay, Hong Kong

Canola oil has been claimed to be one of the healthiest vegetable oil due to its low, or even zero, saturated fat and high - almost 60% - monounsaturated oil content and beneficial omega-3 fatty acids profile. The excellent fatty acid profile of canola is consistent with nutrition recommendations aimed at reducing the amount of saturated fat in the diet. Its light taste and unique functionality indicate a beneficial role for canola as part of a nutritious diet. In Canada, canola oil is used in the manufacture of nearly all food products which are produced from fat, including margarine, shortening, frying oil, baked goods and salad and cooking oils for home use.

If you are interested in attending the Seminar, please complete and return the attached Reply Slip before **March 19, 2008**. For enquiry, please contact Ms. Juliana Che, Government of the Province of Alberta, Canada, Hong Kong Office at Tel: 2528-4729, e-mail: gov.ab@alberta.org.hk

We look forward to seeing you at the Seminar. Thank you.

Yours sincerely,

François Rivest,
Consul and Senior Trade Commissioner
Consulate General of Canada

Yours sincerely,

Joe So
Managing Director
Government of the Province of Alberta, Canada
Hong Kong Office



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Reply Slip

Kindly return the reply slip before March 19, 2008

To: Government of the Province of Alberta, Canada, Hong Kong Office

Fax: 2529-8115

E-mail: gov.ab@alberta.org.hk

Attn: Ms. Juliana Che

**“Canadian Canola Oil Seminar and Cooking Demonstration”
Wednesday, March 26, 2008, 2:30 pm-4:30 pm, The Excelsior, Hong Kong**

- Yes. I would like to attend the Seminar
- No. I am not able to attend the Seminar but wish to know more about Canadian Canola Oil

Organization:

Name:

Position:

Tel:

Fax:

E-mail:

Website: